| **Paxlovid Patient Information Sheet** |
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| **What it’s For &****How it Works** | * It is used to treat mild-to-moderate COVID-19 in those at high-risk of developing severe COVID-19.
* Paxlovid includes the medications nirmatrelvir and ritonavir.
* Nirmatrelvir stops the virus that causes COVID-19 from replicating.
* Ritonavir slows down nirmatrelvir’s breakdown to help it remain in the body for a longer period at higher concentrations.
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| **Important Information** | * This medication must be started within 5 days of the start of your symptoms.
* The dose of this medication must be adjusted if you have kidney impairment. Let us know if you have a history of kidney issues.
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| **Drug Interactions** | * There are many drug interactions with this medication, including over-the-counter medications such as vitamin C. It is important to give us a list of all of your medications.
* If you are on birth control, it is important to use back-up

contraception as this medication can make birth control less effective. |
| **Dosing &****Administration** | * You will take 3 tablets at the same time.
* You will take it twice a day (a total of 6 tablets a day) for 5 days.
* Try to evenly space your doses over 12 hours

(e.g. 7am and 7pm).* You can take this medication with or without food.
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| **If You Miss a Dose** | * If it is within 8 hours of your scheduled dose: take the dose
* If it has been >8 hours of your scheduled dose: skip the dose
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| **Side Effects** | * Bad taste (some report it to be metallic or chalky)
* Muscle pain/weakness (common with COVID-19 itself)
* Diarrhea
* Increased blood pressure
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